



# Cub Scout Cut-up Leader Resource Sheet

## Cub Scout Cut Up – Fun Meeting Activities

Cub Scouts can't use pocketknives until they become Bears and earn their Bear Claws and Whittling Chip but there are some other things you can do to get ready for knife use with younger Scouts that is fun and helpful at home. This meeting includes opportunities to cut (for BEARS and older), peel, eat healthy food they made, and tell jokes. You can check off some adventure requirements with this meeting, but that is not as important as having fun with an activity that works well for the social distancing requirement and giving Scouts a way to help at home.

### Meeting Set-up for Food Cut-up

Set Cub Scouts up on separate tables of opposite ends of 6-foot tables. If you can do this outside, even better. Bears, WEBELOS, and AOLs can bring their pocketknives. Other supplies for the meeting (either provide or have them bring from home).

Scouts can eat what they prepare. What they can prepare depends on if they can use a pocketknife or not and what you think they can do. Here are some ideas.

Lions - Wolves	Whittling Chip Scouts (Bears and above)
Peel Carrots into RIBBONS for eating or make simple salad.	Peel and cut up carrots into sticks.
Peel apple.	Use knife to peel apple and cut it up.
Peel Potato.	Core an apple for making baked apples.
Cut up soft fruit – like banana, with plastic knife.	Challenge the Bears to whittle a shape out of a potato.

- Carrots and apples (to peel, cut, and ribbon)
- Other soft fruit, depending on your age of Scouts in the meeting, like bananas, peaches, papaya.
- Paper bowls for putting their cut-up food.
- Potato peelers (different types if you have them)
- Plastic knives
- Optional: ranch dressing or peanut butter to dish out for scouts to dip. Use gloves when distributing food.

### Fun Parent Involvement Idea

Buy a couple bags of potatoes and have the Cubs peel enough to make mashed potatoes for their whole family. Send those home in a large zip lock bag with the direction (see label sheet), and also include your own note such as an invite to the next Committee meeting, or something else you would like to tell the parent.

## A Scout is Cheerful – What does it mean?

Humor is a great defense, and jokes are part of the Scout performance tradition whether at campfires or Pack meetings. During your “Cut-up” meeting activity, tell jokes! Here are some mask jokes as well as others that Cubs might like. You can cut these up and pass them out and let Scouts take turns cracking each other up. Also, encourage your Scouts to bring a favorite joke or two to share. Scouts are cheerful, even in a pandemic.

(Fun One-liner to start with for Leader)

**I know a great joke about Corona Virus, you probably won't get it though.**

**What did the chicken say to the Lobster who refused to wear a face mask?**  
You're so shellfish!

**What is driving with a mask on called?**  
It's Mask Car Racing

**What should you use to fix your mask if it breaks?**  
Masking tape

**What's yellow and wears a mask?**  
A banana robbing a bank.

**What did the cat in the bird mask say?**  
Me Owl!

**Why are teddy bears never hungry?**  
They're always stuffed!

**What did one math book say to the other?**  
I've got so many problems.

**How do you know when a bike is thinking?**  
You can see its wheels turning.

## Applicable Adventure Requirements

Look at these adventures for things you can complete easily with these Cut-up activities. For Bears, is should simple be an opportunity to use their knives and encourage them to find ways to use them in the kitchen more often!

Adventure Requirements
<b>Bear Picnic Basket Adventure:</b>
3. Select and prepare two nutritious snacks for yourself, your family, or your den. {Cut up carrots and apples with peanut butter are great. They could also do a fruit salad.}

**Tiger Bites Adventure:**

1. With your parent, guardian, or other caring adult, or with your den, find out about good food choices and not-so-good choices. Identify three foods that you think would be good choices and three foods that would not be good choices.
2. Explain the importance of hand washing before a meal and cleanup after a meal. Then show how you would do each.
3. Show that you know the difference between a fruit and a vegetable. Eat one of each.
6. With your parent, guardian, or other caring adult, plan and make a good snack choice or other nutritious food to share with your den.

**Bear Roaring Laughter Adventure**

1. Think about what makes you laugh. Write down three things that make you laugh.
2. Practice reading tongue twisters. (You can easily add that to your meeting).
5. Share at least two jokes with members of your den to make them laugh.

Customize this to fit your situation!

## Mashed Potatoes for Dinner!

Your Cub Scout peeled these and is ready to help make mashed potatoes. Please give them a hand. Directions:

1. Wash potatoes
2. Put them in water and bring to boil until fork tender.
3. Drain and mash. Add salt and/or butter depending on how you fix potatoes.

Insert you note to parents here: examples:

- I would like to invite you to our next Committee Meeting, which is (date, time, etc). Give them all the details and offer to remind them the night before.
- We are having a Scoutbook training call, and I hope you can join...
- I would like to talk soon to go over the goals you have for your Scout and make sure you are getting all the information about the Den. I will give you a call, and also feel free to call me at...